



Illawarra Mercury
Saturday 30/04/2011

Page: 11
 Section: General News
 Region: Wollongong NSW, AU
 Circulation: 26448
 Type: Regional
 Size: 300.84 sq.cms.



press clip



High achievers: A record-breaking eight-way canopy stack formation at the Skysisters event in Queensland put Moruya co-ordinator Jules McConnel (below) on top of the world.

MORUYA woman Jules McConnel co-ordinated this impressive, record-breaking eight-way canopy stack formation at the Skysisters event in Queensland this week.

In their first attempt, the women broke the Australian all-female record, smashing the five-way record set at Skysisters 2007.

Ms McConnel is the national champion in canopy formation and was a silver medallist at the 2010 World Championships.

"I've been coaching the girls all week in preparation for this attempt so we're all really pumped about getting it together on the first jump and setting a new Australian record," said Ms McConnel.

"It's like doing 10 minutes of pull-ups at the gym without a break."

She said to fly in canopy formation for that length of time was physically taxing.

